

# Blessings in Christ

Ephesians 1:3–14

*In this long sentence, Paul helps us identify who we are as Christians and in so doing, gives us seven spiritual blessings that are available “in Christ.”*

**1. Where Are the Blessings Found?** \_\_\_\_\_

**2. What Are the Blessings?**

God has \_\_\_\_\_ us (1:4)

God has \_\_\_\_\_ us (1:5)

God has \_\_\_\_\_ us (1:7)

God has \_\_\_\_\_ us (1:7)

God has \_\_\_\_\_ grace upon us (1:8)

God has \_\_\_\_\_ us with a seal (1:13)

God has \_\_\_\_\_ our inheritance (1:14)

**3. Why Are the Blessings Given?** \_\_\_\_\_

*The proper response to God for the spiritual blessings He has given us is simply this: Praise Him (1:3; 1:6; 1:12; 1:14)*