

The Dangers of a Busy Life

Luke 10:38–42

In our passage, we find a precious jewel which only Luke records. Frequently misapplied, we will discover that this story is all about priorities and balance.

Martha's busyness led to a series of problems . . .

1. **Martha Was** _____
"But Martha was distracted with so much serving" (Luke 10:40)

2. **Martha Was** _____
"My sister has left me to serve alone" (Luke 10:40)

3. **Martha Was** _____
"Lord, don't you care? . . . Tell her then to help me!" (Luke 10:40)

Application: "What has your attention?"

For Your Family:

Tell the Story of the Good Samaritan from Luke 10:30–36.

Discuss together how the Priest was too busy to stop and help the man who had been robbed and left for dead. It would have cost him time and money to help and he didn't want to do that.

The Levite was too busy to stop and help. Maybe he was tired of traveling, and didn't want to spend the energy to help.

The Samaritan took the time to help. He took care of the man, even though it cost him time, energy, and money. He wasn't too busy to help.

Read together Luke 10:38–42, the story of Martha and Mary.

Discuss together how Martha was too busy to listen to Jesus. She was busy doing good things, but was also mad that Mary wasn't helping her. Jesus told her that she was distracted with her chores, and forgot to take time to listen to him.

Mary sat at Jesus' feet, listening to Jesus. Even though there were things to do, Mary stopped to listen to Jesus. Jesus said that was a good thing for her to do.

Talk together about how important it is to every day listen to Jesus. Talk about ways to do that: We can read our Bible, pray, and go to church and Sunday school or small group.

Talk together about how important it is to every day look for ways to love others by helping them. We can do our chores, be helpful at school or work, and help the needy.

Pray together that every day you won't get too busy to listen to Jesus or to love others. Pray that you will learn how to take the time to listen and to love.

Memory Verse—Luke 10:41–42:

*But the Lord answered her,
“Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”*